

Key:

Mixed Level
Beginner
Intermediate
Advanced
Discussion (free with registration)

Please note: All times are in GMT

Thursday 29th October	
Time	Class
08:30	
08:45	
09:00	
09:15	
09:30	
09:45	
10:00	
10:15	
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18:00	
18:15	
18:30	
18:45	
19:00	
19:15	Event Opening and Welcome
19:30	
19:45	
20:00	
20:15	Meet the Artist - Springs Dance Company
20:30	
20:45	
21:00	
21:15	
21:30	

Friday 30th October			
Time	Stream A	Stream B	
08:30			
08:45	Psalms & Stretches - Ruth Carpenter		
09:00			
09:15			
09:30			
09:45	Ballet - Emily Yong	Dance conditioning and principles of managing injury - Andrew Pilcher	
10:00			
10:15			
10:30			
10:45			
11:00	Mime for Dancers: Emotion and Character - Dan Cossette	Meet the Artist - The Natashas Project	
11:15			
11:30			
11:45			
12:00			
12:15	Contemporary - Emily Yong	Urban Movement - Daniel Seven	
12:30			
12:45			
13:00			
13:15			
13:30	Thought for the day - Revd. Betsy Blatchley		
13:45			
14:00	Prayer Room		
14:15			
14:30			
14:45	Ballet for Beginners - Anna Arnold	Modern/Contemporary Masterclass - Shizu Yasuda	
15:00			
15:15			
15:30			
15:45			
16:00			
16:15	Contemporary for 50+ - Anna Arnold		
16:30			
16:45			
17:00		Graham-based Modern Technique - Steve Rooks	
17:15	Nourishing the whole dancer - Cynthia Newland		
17:30			
17:45			
18:00		Artistic Directors Panel: A Christian voice in mainstream dance	
18:15			
18:30			
18:45			
19:00			
19:15	Urban Movement - Daniel Seven	Bread of Life Repertory Workshop - Suzannah McCreight	
19:30			
19:45			
20:00			
20:15			
20:30	Psalms & Stretches - Sara Hunter		
20:45			
21:00			
21:15			
21:30			

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Saturday 31st October		
Time	Stream A	Stream B
08:30		
08:45	Psalms & Stretches - Emma Wilson	
09:00		
09:15		
09:30		
09:45	Finding Joy and Freedom through Movement - Heather Richmond	
10:00		Musical Theatre Jazz - David Birch
10:15		
10:30		
10:45		
11:00	Contemporary - Ella Fleetwood	Panel Discussion: Christians in a commercial world
11:15		
11:30		
11:45		
12:00		
12:15	Creative Dance / Dance Improvisation - Charlotte Kueffner	Professional Company Class with The Natashas Project
12:30		
12:45		
13:00		
13:15		
13:30	Thought for the day - Suzannah McCreight	
13:45		
14:00	Prayer Room	
14:15		
14:30		
14:45		
15:00	Modern Dance Mixer - Dan Cossette	Limon-based masterclass - Randall Flinn
15:15		
15:30		
15:45		
16:00	Musical Theatre Jazz - David Birch	Panel Discussion: How to enter and navigate the professional dance scene as a Christian
16:15		
16:30		
16:45		
17:00		
17:15	Breathe in Him - Ella Fleetwood	
17:30		
17:45		
18:00	Company Class with Springs Dance Company	
18:15		
18:30		
18:30	Meet the Artist: CDFB and ICDF	
18:45		
19:00		
19:15	Panel Discussion: Movement ministry in churches	Modern Dance Mixer - Dan Cossette
19:30		
19:45		
20:00		
20:15		
20:30	Psalms & Stretches - Ruth Carpenter	Meet the Artist - West End Has Faith
20:45		
21:00		
21:15		
21:30		

Sunday 1st November		
Time	Stream A	Stream B
08:30		
08:45	Psalms & Stretches - Robyn Peters	Meet the Artist - Artist's House International
09:00		
09:15		
09:30		
09:45	Contemporary Ballet - Rachel Riveros	Reducing tension and improving flexibility - Andrew Pilcher
10:00		
10:15		
10:30		
10:45		
11:00	Lord's Prayer Movement Meditation - Emily Yong	Where is God in injury, how to approach injury for dancers - Andrew Pilcher
11:15		
11:30		
11:45		
12:00		
12:15	Contemporary - Ella Fleetwood	Musical Theatre Jazz - David Birch
12:30		
12:45		
13:00		
13:15		
13:30	Thought for the day - Revd. Pam Alexander	
13:45		
14:00	Prayer Room	
14:15		
14:30		
14:45		
15:00	You and Him - Claire Grant	Urban Movement - Daniel Seven
15:15		
15:30		
15:45		
16:00	Dance as a 'Living Sacrifice' - Suzannah McCreight	Ballet - Emily Yong
16:15		
16:30		
16:45		
17:00		
17:15	Contemporary Ballet - Rachel Riveros	
17:30		
17:45		
18:00	Graham-based Masterclass - Randall Flinn	
18:15		
18:30		
18:30		
18:45		
19:00		
19:15	Ballet for 50+ - Anna Arnold	Meet the Artist - Ad Deum Dance Company
19:30		
19:45		
20:00		
20:15		
20:30	Psalms & Stretches - Emma Wilson	
20:45		
21:00		
21:15		
21:30		